Poultry Recipes

Tacos

Olive Oil

1lb ground turkey or chicken

1 onion

2 Tbsp Pandemic Powder (can increase according to taste)

1 Tbsp Cumin

Tortillas, corn or flour

Cheese, Lettuce, Tomatoes or Homemade Salsa (see recipe)

Add a thin layer of olive oil to skillet and brown chopped onion. Add ground meat and brown. Add cumin and Original Pandemic Powder, stir, and add ½ cup of water. Allow water to cook out of meat. Warm or cook homemade tortillas, add meat, cheese and other desired toppings.